



Bhavdiya Public School, Ayodhya

Summer Holiday Engagement

Class - V

Duration: 4 Weeks | Theme: Inquire, Explore & Express

Dear Parents,

Warm greetings!

We have thoroughly enjoyed nurturing and guiding your little ones during the past months of this academic session. Their enthusiasm and love for learning have made our journey together truly joyful.

As the school now closes for the summer break of more than one and a half months, your children will have the opportunity to spend quality time at home. While they enjoy their well-deserved break, we encourage you to help make this vacation both joyful and enriching by involving them in simple, meaningful activities.

Here are a few suggestions:

Create a daily schedule for your child, including morning routines, physical activity, and quiet story time.

Encourage outdoor play by taking them to a park or garden. Reduce screen time by limiting access to television and mobile phones.

Involve them in light household chores such as arranging utensils or folding clothes.

Teach them to serve water to guests and family members, nurturing kindness and responsibility.

Have at least two meals together daily to promote family bonding and teach table manners.

Provide paper and crayons to encourage free drawing and creativity.

Introduce them to gardening by watering plants and learning about nature.

Share stories from your own childhood—it builds connection and curiosity.

Make reading a habit by reading aloud or encouraging independent reading.

Instill the use of polite words like please, sorry, thank you, and excuse me.

If you have pets, involve your child in caring for them.

Guide them in making their bed each morning and keeping their surroundings tidy.

Let them help in setting and clearing the dining table.

These small efforts go a long way in building life skills, responsibility, and good habits.

We look forward to welcoming our little learners back after the break, refreshed and ready for more exciting learning experiences.

Warm regards,

Class Teacher

Week 2: Healthy Lifestyle

Activity Head

Task

Physical Activity Track steps walked per day (using a phone/watch).
Create a step bar graph.

Language Activity Write a diary entry on "My Healthiest Day Ever."

Craft Activity Design a healthy meal plate using paper cutouts.

Maths Note calorie count of 5 food items you eat frequently. Add and compare.
Help at Home Help prepare and pack a healthy lunch/snack for yourself.

Environmental Science. Make a health checklist (exercise, water, meals, screen time) and follow it for a week.

Music Make any one musical instrument out of waste materials

Computer How you want your computer lab? Write a paragraph in your own words.